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## BARROW UPON SOAR METHODIST CHURCH

Website: [www.barrowuponsoarmethodistchurch.co.uk](http://www.barrowuponsoarmethodistchurch.co.uk)

**Minister: Rev Sandra Marshall**

**Telephone: 0116 2304689**

Circuit Office - Telephone: 01509 807441

Office Hours: Monday, Tuesday, Thursday & Friday

10.00 am until 2.00 pm

Email: [loughboroughmethodist@gmail.com](mailto:loughboroughmethodist@gmail.com)

## NOTICES FOR SUNDAY 12 MARCH 2023

### WEEKLY DIARY

Playgroup meets every day during school term

Sunday 12 March	10.15 am	Andy Benbow Steward: Sandra Coffee: Janet
Monday 13 March	8.45 am – 4.00 pm 6.30 – 9.00 pm	Playgroup Guides
Tuesday 14 March	8.45 am – 4.00 pm 4.30 – 7.30 pm	Playgroup Cosmic Theatre School
Wednesday 15 March	8.45 am – 1.00 pm 2.30 pm 7.00 pm	Playgroup Cuppa and Chatta Gardening Club
Thursday 16 March	8.45 am – 4.00 pm 7.00 – 9.30 pm 7.30 pm	Playgroup Barrow Youth Theatre meet in the Hall Bible Study
Friday 17 March	8.45 am – 4.00 pm 12.30 pm	Playgroup Churches Together Lent lunches in the Trinity Rooms
Saturday 18 March	2.00 pm 6.00 - 7.15 pm 7.00 pm	Craft & Crochet in the rear Coffee Lounge Karate Concert by the Caroline Sharpe Singers followed by refreshments

### SUNDAY WORSHIP

Mothering Sunday 19 March	10.15 am	Local Arrangement Steward: Natalie Coffee: Pauline & Mike
Sunday 26 March	10.15 am	Colin Lamb Steward: Kate Coffee: Trevor & Pauline
Palm Sunday 2 April	10.15 am	Adrian and Sue Speight Steward: Heather Coffee: Sue & Adrian
Good Friday 7 April	12 noon	Good Friday Service followed by Frugal Lunch Steward: Sandra
Easter Sunday 9 April	10.15 am	Rev Sandra Marshall – Baptism - Sacrament Steward: Sandra Coffee:
Sunday 16 April	10.15 am	Anne Temple Steward: Natalie Coffee:
Sunday 23 April	10.15 am	Roger Latham Steward: Kate Coffee:
Sunday 30 April	10.15 am	Eleri Bristow Steward: Sandra Coffee:

### COFFEE ROTA

As you can see from the table above there are gaps on the Coffee Rota for April – have a look today and see if you can help!

## BIBLE READINGS FOR SUNDAY ARE:

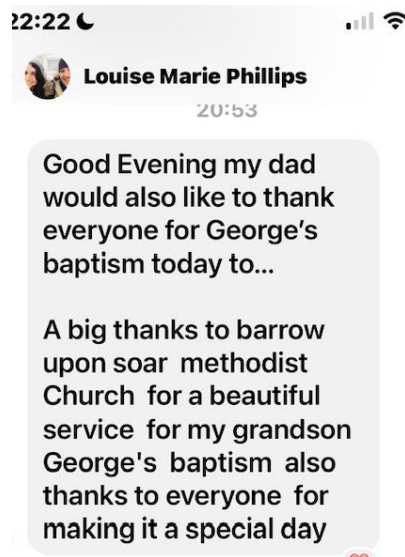
- Exodus Chapter 17 verses 1-6
- John Chapter 4 verses 5-30 and 39-42

## THANKS

Following the lovely baptismal service last Sunday morning we received the following email on Sunday evening from George's Mum, Louise

*"Good Evening Janet,  
Just wanted to say a big thank you to everyone today we had a beautiful day! The Baptism service was so lovely.  
Many Thanks - Louise & Jeff*

And a Facebook message from his grandad



## DON'T FORGET

**IF YOU HAVENT ALREADY GOT YOUR TICKET FOR THE CONCERT GET IT TODAY!**

Caroline Sharpe  
Singer, Choir Director, Organist



**SATURDAY 18<sup>th</sup> MARCH 2023**

**CAROLINE SHARPE SINGERS IN CONCERT**

**Followed by refreshments**

**Tickets £5 each available from Mike Morley or Janet Thompson**



**SATURDAY 25<sup>TH</sup> MARCH 2023**

**11.00 am to 3.00 pm**

Local crafters with a great range of items from over 20 stalls – something for every taste!

Refreshments – Raffle

**ADMISSION FREE!**

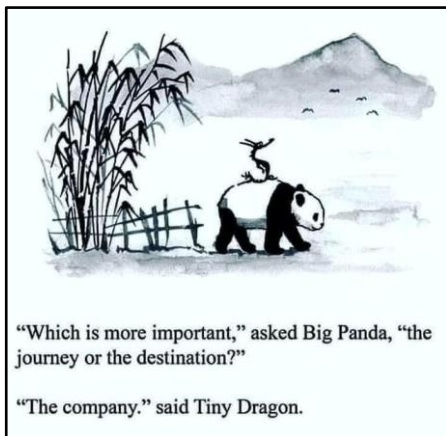
## FUN@CHURCH

In March we will be making "bug houses". Please can you collect any small plastic bottles, jars, containers of any shape. We will fill them with bamboo sticks to encourage the creatures, probably bees, to make them their home.

We had 25 children at Fun@Church in January. It would be super to have that number in March, but it means we need a lot of small bottles etc. Please can you help. Kate, Janet, Heather or Mike would love to receive them or place them in the corner of the Welcome Coffee Bar for us to collect. Thanks Kate

### STAMPS FOR RNIB

Thank you everyone for collecting the stamps for RNIB. I have emptied the box and sent it off. It will make about £15 for them. Let's carry on and collect another full box. Please cut the stamps off the envelopes leaving about 1cm of paper around them. Thanks Kate



### PRAYER FOR TODAY

Living God, we bring you our thanks for those whom we love who have died. We thank you for our memories of all the special times we shared together, shared experiences, shared touch, shared laughter – those moments when our shared humanity revealed to us something of your divine love. And the other memories, the regrets, the loose ends we had no time to tie up, the words we wish we'd said, and those we wish we'd left unsaid; the things we wish we'd done or left undone – we let go of them into your hands, knowing that in your heavenly love all is understood, all is forgiven, all is well. Amen.

Elaine Pyrke, Supernumerary Minister, Kendal Circuit

### EMAIL PHISHING WARNING

A number of people have received a Phishing email pretending to be a Church Council Invitation with a voice mail attachment, if you receive such an email please delete it. With all emails you receive please check who the email is from before opening it, if you do not know the name and you are not expecting it, but it looks important, it is worth checking with someone else in the church, don't just open it. This is a problem across the Connexion at the moment, the I.T. people are dealing with it.

### JOB VACANCY



THE METHODIST CHURCH  
Leicester West Circuit

## Job Vacancy

Circuit Administrator/Secretary

Leicester West Methodist circuit is keen to recruit a new Circuit Administrator/Secretary to work 15 hours a week based in the Circuit Office, Trinity Methodist Church, with some home working.

Pay £11 per hour with 20 days holiday (Plus statutory holidays).


Please contact the Circuit Office, leicwest.circoffice@btinternet.com for Application form, Person Specification and Job Description.

Closing Date: 28th March 2023.

Interview date: 4th April 2023 during the day at Trinity Methodist Church.

### WESLEY HISTORICAL SOCIETY SPRING MEETING

WESLEY HISTORICAL SOCIETY  
East Midlands



SPRING MEETING

SATURDAY 15th April 2023 at 2.30pm  
At Mountsorrel Methodist Church

Speaker:  
Rev David Leese

Subject of his talk:  
"Methodist Burials pre 1680, controversy and challenge."

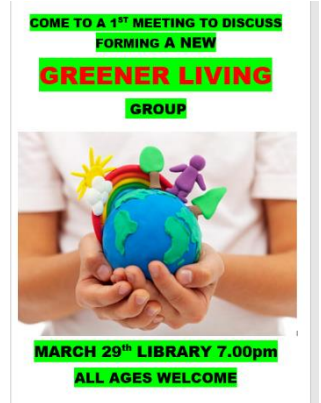
*Tea will be provided. If you intend to come, please contact:  
Tel: 0116 237 4961  
This will help with the planning of the tea.*

## **NEW "BARROW UPON SOAR GREENER LIVING" GROUP**

There will be a meeting held at Barrow Library on the 29<sup>th</sup> March at 7.00pm to establish a new Barrow upon Soar Greener Living group. Will the people of Barrow upon Soar support each other to live more sustainably? Can we share ideas to lead planet friendly lives? What positive things can we do as a community and as individuals to improve the future for our children and grandchildren? Can we come together as a community to make Barrow upon Soar a greener place to live and acknowledge those people who are already active in the community.

There is no one solution; let's learn, share, raise awareness and do things together. There are no sinners or saints, we all have degrees of responsibility. The evidence for climate change is overwhelming, it is already here and will become increasingly severe depending on what everyone does. Below is a range of possible topics/projects that might be undertaken. We could all do a bit more to move away from the worst of the ecological/climate crisis? All of us have responsibility and can contribute to positive change. We hope you can support this group. If you would like to discuss the above further, help shape this new group, meet like-minded people and if you live in Barrow upon Soar or the Wolds villages, please contact Bob (07572188616) to discuss. Or just turn up to the meeting. You will be very welcome.

Bob Johnson



### **Barrow upon Soar Greener Living Ideas/Projects from Other Groups**

#### **Save Money and Energy Heating Your Home**

- Talks about eco hardware: heat pump; boilers; radiators; PV panels and batteries; triple glazing.
- Handouts about insulation and how to draft-proof our homes, use of lined curtains. Keeping warm in winter. Warm yourself, a room, or the house? Keeping humidity down.
- Changing energy suppliers. Understanding the different rates for electricity.

#### **Save Money and Energy**

- A pamphlet of easy tips to keep costs and energy down in the home. Showering, cooking, washing and drying clothes and ironing; LED lighting.
- Stall at events ... Take the WWF Carbon Footprint Calculator.

#### **Growing Food in the Garden/ Supporting Wildlife**

- Working with others to encourage growing vegetables amongst our plants.
- Allotment open day (if agreed). Herb stall.
- Water butts and storing water wisely. How much water are we using?
- At local events - how to reduce land waste and make compost for the garden.
- Ways to support pollinators in our gardens and on our verges; plant sale; free activity (children and adults) build a bug hotel.

#### **Cheaper and Healthy Foods**

- Recipes on the Greener Lives Facebook and Barrow upon Soar page for healthy foods which are eco-friendly and proven to make you live longer and healthier? What to buy and where. How to make meat go twice as far for half the price and improve your gut bacteria (green friendly food).
- Discussion Stall at events - Foods we have forgotten and or never knew how to use ... pearl barley/ Quinoa/lentils/ driedbeans/couscous with recipes on the Greener Lives Facebook and Barrow upon Soar page. Plan to cut food waste and eating leftovers – menu planning.
- Baking workshops. Make your own apple juice (Apple press).
- Thinking big ... support an Eco shop in the village or a farmers' market.

#### **Transport**

- Cycling day. Getting those bikes out of the garage. Local cycle routes.
- Campaign for e-charging points in the village for electric cars?
- Campaign for a car sharing scheme possible and or should we have better public transport? Car share to Loughborough and back.
- Encouraging local transport?
- To fly or not to fly, that is a question!

#### **Cutting costs and reducing plastic waste**

- Campaign on the high street - how to reduce plastic waste?
- Express our views to those that have influence (in a non-political way).
- Campaign to reduce single use plastics and encourage refill products. Milk from the milkman?
- Discussions with local shops and services to find out what they are/will be doing to become more eco-friendly and to cut down plastics.
- Replacement list for household plastics – plastic pan scouring? Refill shampoo bottles. Refuse, reduce, repair, re-use, recycle.
- Project making grocery bags. Selling them for a donation for the group.

#### **Recycle**

- Upcycle workshop furniture? Repair workshops; make do and mend event. Encourage people to sell or give items on Gumtree or websites.
- A talk from someone from the council about recycling in the green bin.
- A quiz about what can be recycled posted on Greener Lives and Barrow Facebook page.
- A second's auction / sale (to raise funds). Organise a car boot / garage sale.
- Hold a recycle batteries day/week get shops involved. Door to door!

#### **How can all this be done?**

- Review and mapping of current and potential Green Initiatives and skills in Barrow upon Soar. Linking with other groups in the village and other local groups. Canoe club; cycle-club.
- Educating ourselves. Talks from Green Organisations. Explaining the benefits of Greener Living. Useful projects that raise awareness. Activity sessions for families.
- Information and events on a Greener Living Facebook page and or write articles for Barrow Voice.
- Building links with schools, businesses, other groups and others.
- Using social media. Invite people to post eco-friendly ideas on the Greener Living and Barrow upon Soar Facebook page.
- Questionnaires on paper and online. Petitions.
- Are there music groups in the village who might like to get involved?

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